

NEW Ramona Brazilian Jiu Jitsu Competition Team



Parents, Family Members, Friends and Students of RBJJ,

Starting August 21, 2015 we will be formally standing up the RBJJ competition team. The rigors of competition require a higher level of dedication and commitment to the improvement of the individual as well as the team. A commitment to the RBJJ Competition Team is not mandatory to learn self defense or for casual students who are not interested in competing. Any student who wishes to compete in **ANY** tournament must become a part of our competition team. The competition team requirements are as follows:

1. Write a formal letter to Professor Kevin requesting to be on the competition team. Include:
 - a. Why you want to be on the team
 - b. Two personal goals for you to meet by the end of the competition season
 - c. Two positions you feel most comfortable in (side control, mount, closed guard, etc)
 - d. Two positions you feel you need the most work on (open guard, getting out of side control, etc.)
2. Attend a Monday **or** Wed. Advanced Jiu Jitsu class **-AND**
3. Attend the **NEW** Competition Class on Friday from 5:00-6:00pm

The above requirements are the minimums for the competition team, and participation from **all** students in **all** classes is encouraged!

Membership to the competition team is a privilege that students earn through hard work and dedication to the sport and the Academy. The competition class will be rigorous and challenging but failure to participate will be grounds for dismissal from the RBJJ Competition Team until such a time that the student can demonstrate requisite commitment to the team.

Those who do not wish to join our competition team are still vital to the growth and development of the Academy and are encouraged to participate in any and all classes that are age appropriate. Together we can advance our love and understanding of the sport that has brought us all together!

For further questions/comments, or schedule conflicts regarding the above please see Kevin or Gerilyn!

Facebook.com/Ramona-Brazilian-Jiu-JitsuMMA

760-787-5855

www.RamonaBJJ.com